

Country Village

nutrition shoppe

711 Vandercook Way • Longview, WA 98632 • 360-425-8100

Hours: Monday - Friday 9 - 7 • Saturday 9 - 5:30

Good thru October 30, 2018

October Sales

So Delicious
Organic Dairy Free
Coconutmilk Beverage
Unsweetened
64 FL OZ

\$3.29

Reg. 4.59

Delicious smooth vanilla flavor



Amy's
Gluten Free Rice
Mac & Cheese
9 OZ

\$3.99

Reg. 4.99

Vegan, dairy free and gluten free.



Revive Kombucha
Organic Kombucha
Solar
12 FL OZ

\$3.29

Reg. 4.29

Certified Organic and Kosher.



Kinnikinnik
Gluten Free Dipped Donuts
Chocolate
11.3 OZ

\$4.49

Reg. 6.49

Gluten free has never tasted so good.



California Olive Ranch
Olive Oil
Extra Virgin
16.9 FL OZ

\$7.99

Reg. 11.59

100% California grown
olives are cold pressed
within hours of picking.



Gardein
Beefless Meatballs
12.7 OZ

\$4.29

Reg. 5.79

I'm Ready when you need me!



Kite Hill
Alternative Cream Cheese
Chive
8 OZ

\$5.49

Reg. 7.59

Each batch is cultured to add
depth, sweetness, and a subtle tang



Justin's Nut Butter
Organic Mini Peanut
Butter Cups
Dark Chocolate
4.7 OZ

\$4.99

Reg. 6.49

Every bit as tasty as
regular peanut butter cups



Bragg
Organic Liquid Aminos
Coconut
10 FL OZ

\$4.99

Reg. 6.99

Great in salads,
soups, stir-fries and sauces.



Farmhouse Culture
Organic Kraut
Smoked Jalapeno
16 OZ

\$5.79

Reg. 7.49

A spicy way to keep your
gut healthy and awaken the palate.



Lilly's Hummus
Hummus
Smoked Tomato Basil
12 OZ

\$2.79

Reg. 3.59

plant protein goodness to
fuel you throughout the afternoon.



Amy & Brian
Coconut Water
Pulp Free
17.5 FL OZ

\$1.95

Reg. 2.99

A effective re hydration beverage
before, during or after exercise.



Bulk
Popping Corn

\$1.39

Reg. 1.79

Popcorn, Pop Corn, Kernels, Snack



Bulk
Raisins, Thompson

\$2.99

Reg. 4.29

Abundant in
antioxidant- rich polyphenols.



BULK DRIED FRUIT
100% Organic Coconut
Medium Shredded

\$2.99

Reg. 3.39

Used in baking, sweet
dessert and savory dishes.



Mikey's Muffins
English Muffin
Cinnamon Raisin
8.8 OZ

\$4.99

Reg. 7.59



**make an ordinary
breakfast extraordinary.**

Alter Eco Americas
100% Organic
Quinoa
Rainbow Heirloom
12 OZ

\$5.99

Reg. 7.99



**Rainbow Heirloom Quinoa
is a nutritious rainbow on your
plate offering a bright, festive crunch.**

Vega
Cashewmilk Yogurt Alternative
Raspberry
5.3 OZ

\$1.49

Reg. 2.19



**Packed with live active cultures
and 19 grams of plant-based protein.**

Annie's Homegrown
Macaroni & Cheese
Shells & White Cheddar
6 OZ

\$1.99

Reg. 2.79



**No artificial flavors and made
with real white cheddar cheese.**

Foodstirs
Organic Minute Mug Cake Mix
Molten Chocolate Chip
10.58 OZ

\$4.29

Reg. 5.99



**Decadent, gooey and
the perfect treat for you and the kids.**

Straus Family Creamery
Organic Ice Cream

Vanilla Bean
PINT

\$4.79

Reg. 5.99



**Tastes like fresh churned
ice cream you'd make at home.**

Endangered Species Chocolate
Dark Chocolate Bar
Almond & Sea Salt
3 OZ

\$2.49

Reg. 3.49



**Your chocolate
purchase supports species
conservation efforts worldwide.**

Madhava Honey
Organic Blue Agave
Golden Light
23.5 OZ

\$6.29

Reg. 9.49



**An organic and all-natural
sweetener free of any chemicals,
additives or other unsavory stuff.**

Erewhon
Organic Cereal
Crispy Brown Rice
10 OZ

\$3.49

Reg. 5.49



**Great served with
fresh fruit or as a topping for yogurt!**

Bob's Red Mill
Oatmeal Cup
Apple Cinnamon
2.36 OZ

\$1.79

Reg. 2.39



**A tasty blend of oats,
apple pieces and cinnamon!**

Angie's Kettle Corn
Boomchickapop
Kettle Corn
Sweet & Salty
7 OZ

\$2.49

Reg. 3.79



**Only 70 calories a
cup! A great low calorie
treat for the holidays!**

Van's Natural Foods
Waffles
Blueberry
9 OZ

\$2.79

Reg. 3.79



**An ideal way for gluten-
sensitive folks to start the day!**

Alo
Twist Aloe Vera
Juice Drink
Strawberry + Lime
16.9 FL OZ

\$1.49

Reg. 2.19



**Made with real strawberry
and lime and aloe vera juice**

Crofters
Organic Premium
Spread
Strawberry
16.5 OZ

\$4.19

Reg. 6.19



**What's in a jar of Crofters
Organic Strawberry Conserve?
Mostly organic strawberries.**

Annie Chun's
Noodle Bowl
Teriyaki
7.8 OZ

\$2.79

Reg. 4.19



A delicious, quick and convenient meal.